

Senior Notes Jan. 2011

Yellow Springs Senior Center, 227 Xenia Avenue, Yellow Springs, OH 45387

www.seniorcitizenscenter.org

From the Director's Chair

I've been thinking about thinking. Or rather, thinking about learning, and about how we want and need to learn things our entire lives. The world is a changing place. We are curious creatures and we want to know how we fit into the world. Lifelong learning is a buzzword, but it is also much more than that. It is a survival tool. It is fun and interesting. Learning, especially for seniors, is an opportunity to keep our brains healthy, to interact and communicate. "Someday soon, going to a university at 50 or 60 could be the norm... This isn't going back to school. It's using school to move forward," according to Rosabeth Moss Kanter, Ernest L. Arbuckle Professor at the Harvard Business School. And part of the "University" might be at your local Senior Center.

Why not? Senior Centers can become Centers of Lifelong Learning. Further, seniors can use skills developed at the Center, in concert with their life skills, to build a stronger, more resilient community, a community that cares for its people, feeds its people, and incubates local businesses to build a strong and healthy local economy.

So as we move from the Yellow Springs Senior Center to the Center of Yellow Springs -- for Seniors, for Lifelong Learning, for Community Building -- new energy is welcome to help with this move, new ideas to guide the progress, and new friends to enjoy the ride.

Come on down to the Yellow Springs Senior Center and join the party!

-David Scott, Executive Director

Happy New Year!!



Have a healthy, peaceful and Happy New Year 2011!

Senior Center will be closed on Friday, Dec. 31 and Saturday, Jan. 1.

Volunteer in the Spotlight



Photo by Lin Wood

Lynda Hicks, Volunteer French Instructor at the Center, (come join us on Mondays at 2:45 pm). Thank you! Your dedication makes a difference in the lives of seniors!

End-of-Year Gifts Lift Annual Appeal Over \$30,000 Mark

Holiday gifts to the Senior Center have given a big boost to the 2010 Annual Appeal. Another colorful band was added to the Tot'em-Up Pole. As of Dec. 20, 2010, the total was nearly \$35,000. We hope to reach our goal of \$40,000. Gifts, even into the new year, are deeply appreciated.

- submitted by Mary M. Morgan, Co-Chair Annual Appeal Committee, 2010

Martin Luther King Day

The Senior Center will be closed on **Monday, Jan. 17, 2011** in honor and in memory of **Dr. Martin Luther King Jr.**

"We must all learn to live together as brothers. Or we will all perish together as fools." - MLK

Annual Meeting Report

Board of Trustees President Anna Hogarty called the meeting to order at 2:10 pm on December 5, 2010, in the Herndon Gallery in Antioch College's South Hall. The minutes of the 2009 Annual Meeting were approved, and Ken Huber, Treasurer, gave the financial report.

The membership committee gave its report. Three motions were approved by the membership. First was the establishment of a new membership category, Business Membership, with annual dues of \$100.00. Second was to establish membership to follow the calendar year. Therefore, one is a member from January 1 through December 31 and will receive membership requests at the beginning of the year. The third motion was that anyone donating \$15.00 or more to the Center becomes a member. This ends the awkward issue of someone receiving a membership request immediately after they donate to the annual appeal.

After the membership report, Executive Director David Scott spoke. He thanked the membership and reflected on his four months at the helm.

Shirl LeVesconte, chair of the Board Development Committee, thanked out-going Board Members and introduced the slate of new Board Members nominated by the Nominating Committee. The membership voted to accept the slate with no new nominations from the floor. The changes on the Board are reported elsewhere in this newsletter.

Upon completion of Board business, Activities Coordinator Corinne Pelzl introduced Mark Twain, portrayed by actor Stephen Hollen, who gave a humorous talk enjoyed by approximately sixty people in attendance. Refreshments were donated by CJ's Southern Cooking and The Emporium.

Changes on the Board

Hail, Farewell and Thank You

Hail. On Dec. 5, the Membership elected four people to the Board of Directors. In January 2011, Andrée Bognár will begin a second three year term. Carol Gasho who was appointed to the board in 2010, was elected to serve the remaining two years of a three-year term. Paul Ford and Bob Huston will begin their first three-year terms. We are delighted to welcome these new and returning Board Members.

Farewell and Thank You. When we elect new members to the Board, it means some current members are ending their service on the Board, but not, we hope their involvement with the Senior Center. Ed Dressler has served for three years. Drawing on his extensive background in public service, Ed always has a unique contribution to any discussion. In the last two years, he has worked hard on the Annual Appeal – making great signs, working on the design and construction of the Tot'em-Up Pole, and managing the refreshments for Senior Voices Out Loud. Ed will continue to be the official photographer for the Center. I hope you have seen some of his wonderful pictures. Ed, we thank you.

Mary M. Morgan has been secretary of the Board for two years. To give us her excellent minutes, she had to significantly increase her computer skills since most everything is now sent by email. In 2009 (the Center's 50th Anniversary), Mary chaired the most successful Annual Appeal ever, raising the greatest amount of money and recording gifts from the greatest number of contributors! This owed much to the wonderful kick-off program success organized by Mary, Senior Voices Out Loud, which featured some of our very talented senior performers. In 2010, when she was already serving on the Search Committee that worked non-stop for about four months, Mary was literally drafted in mid-year to co-chair the Annual Appeal. Now, with a short time to go, the Annual Appeal is almost to our goal. I am thinking it would be very appropriate to contribute or make a second contribution to honor the work of these outgoing Board members... Mary, we thank you.
- from the Board Development Committee,
Shirl LeVesconte, Chair.

2010: An Amazing year for The Yellow Springs Senior Center

With great rejoicing and a big sigh of relief we began 2010 with secure funding from the successful Greene County Senior Services Levy renewal and our largest ever Annual Appeal fund drive. Our new bylaws were in place and Anna Hogarty was elected President of the Board of Trustees.

An astonishing number of programs and activities (you see the regulars-- knitting, ping-pong, flexercise, etc., in every Senior Notes such as

calendar) resumed but new ones such as language classes, Friday lunches and Poetry Reading are frequently added. There are nearly twenty choices for members and townspeople, plus special events such as the Ice Cream Social and the Weavers' Open House. All of our classes and programs are staffed by volunteer leaders, teachers and crafters. We are so fortunate to have such skilled and generous people making this wide variety possible.

In February, the world stopped turning for just a nanosecond when our long time Executive Director, Rodney Bean, announced he was retiring effective May 28th. We took a very deep breath and formed the Succession Planning Committee. This Committee collected a lot of information from members, staff, stakeholders and Board members about their perceptions of the strengths and weaknesses of the current operation and their hopes, needs, wishes and suggestions regarding the characteristics to be sought in a new Executive Director. When all of this information was summarized, the Board and the newly formed Search Committee had a pretty good picture of the Director we'd like to hire. To give this Committee time to find the best possible candidates, we created a job description and task list for an Interim Coordinator and hired Barbara Mann, Transportation Coordinator, to fill this position in addition to her usual duties. Barbara did an admirable job of keeping everything running smoothly.

A Farewell Reception for retiring Director Rodney Bean with a proclamation from the Mayor declaring the day Rodney Bean Day took place in the decorated Great Room on May 28. Members, friends, family and others came from far and near, many writing in the guest journal their personal stories of appreciation for his outstanding service during the past eleven years.

The Search Committee, working throughout the summer, included Trustees, an elected staff representative, and townspeople. Ads and notices went to area newspapers and all the local colleges. Over forty applications were received. Screening teams carefully evaluated each one. Interviews shortened the list to four finalists. (One withdrew due to family illness.). The three finalists were interviewed by the staff and all of the Trustees and were then presented to the community where they were given time to make presentations and answer

questions. The Trustees received lots of feedback before selecting David Scott, who was the favorite candidate of a large majority of interested people. David was hired on a part-time basis (thirty hours per week) on August 23, 2010. National Senior Citizens Center Month was just the right time for a welcoming party for our new Executive Director and for viewing the considerable remodeling of the Center that had been made possible by a grant. Many people came to meet David and see our new offices and the handsome Art Gallery. It was a festive occasion.

A well-attended presentation given by Dr. Jeanne Lemkau, a local psychologist, about the Challenges of Aging has led to continuing programs on positive aging. Our super Treasurer, Ken Huber, secured a new auditing firm that discovered overpaid taxes bringing us a sizable tax refund. A year-end grant from the Greene County Council on Aging provided some new computers, a network for all staff computers, the new printer/copier, and a low water use toilet for the women's rest room!

Our membership has grown to 423 of which 69 are new this year. Our volunteers are too numerous to count. They are drivers, front desk receptionists, Annual Appeal letter and Senior Notes processors as well as all those serving on active committees. At an all-day Trustees Retreat, held at Friends Care, objectives for the year 2011 (see page 4) were chosen. Three new Trustees, Carol Gasho, Paul Ford and Bob Huston along with Andrée Bognár returning for a second 3-year term were elected at the Annual Membership meeting held on December 5, at Herndon Gallery on the Antioch Campus. We anticipate a year of progressive changes and accelerated growth.

The year 2010 was a heavy work year for the Trustees and staff calling for lots of patience from the membership, but all in all it has earned the title "An Amazing Year."

- Andree Bognar, VP; Shirl LeVesconte, VP & Mary M. Morgan, Sec'y YSSC Board of Trustees

Amazing year, continued:

The volunteer drivers in the Transportation Program did a magnificent job of providing approximately 1800 rides to Yellow Springs seniors and disabled passengers in 2010. Very few ride requests had to be turned down due to lack of a

driver because these incredible people were always willing to pitch in and get folks where they needed to go for medical needs, social services, Senior Center programs, and shopping. Some of the drivers even used their own cars in service of the program when three passengers needed to go in three different directions at once. Since we have no local taxis and no regular bus service, the Senior Center Transportation Program is essentially THE transportation network in Yellow Springs. When you realize that this program has no paid drivers and instead relies on volunteers, it is absolutely mind-boggling!

YSSC 2011 Objectives

The following Objectives for 2011 were adopted by the Board of Trustees:

1. Provide Senior Center employees with paid personal time off.

Assigned to: Personnel Committee, Treasurer and Director.

2. Decide on a site for a new facility.

Assigned to: Director and Board Committee.

Implementation: The Board of Trustees will examine the feasibility of a new building. The Director will present the Board with 4-5 options for possible sites and the probable costs for each. If the Board decides in favor of a new site, the President will appoint a Task Force to prepare a plan for securing the necessary capital.

3. Develop programs for lifelong learning and community building in partnership with other local organizations.

Assigned to: Director.

4. Increase funding for the Center.

Assigned to: Fund Raising Committee, YSSC Board and Director

Implementation:

- a) Lobby the Village and Township to include support for the Senior Center in their annual budgets.
- b) Add at least 300 names to the Annual Appeal database.
- c) Hold one or more major (big-ticket) fundraiser events.

- Board Development Committee,
Shirl LeVesconte, Chair.

Transportation News

- If you are getting a ride from the YSSC transportation service during the winter months, it is important that you have clear access for the car and driver to pick you up. Make sure that the snow and ice are removed from your driveway and sidewalk.
- In January, Greene CATS is beginning a new flex-service route between Dayton and Xenia. The service will operate between Xenia Towne Square (in front of Kmart) and Miami Valley Hospital with scheduled stops at the Children's Medical Center, Wright Stop Plaza in downtown Dayton, and Sinclair Community College. Buses will run on weekdays every 90 minutes with the first bus leaving Xenia at 6:18 am and the last bus leaving Miami Valley Hospital at 5:46 pm. The trip to MVH takes about an hour and the trip home is slightly over 30 minutes since no stops are made on the return. The cost is \$1.50 each way (75 cents for elderly and disabled riders). The flex-service buses will deviate as much as $\frac{3}{4}$ mile to pick up or discharge passengers at other points along the route. If you have an appointment at Miami Valley Hospital or at a doctor's office, that is no more than $\frac{3}{4}$ mile off this route, we may encourage you to use this service in order to allow us to serve more clients. Our driver will take you to Xenia Towne Square to connect with it. Brochures for the route will be available in January and we will make sure to pick up some for the Senior Center.
- Barbara Mann, Transportation Coordinator

Computer Help

The Issues of Aging Group that meets once a month on a Saturday has identified a need for computer help. If you can give computer help, or if you need computer help, please call Sylvia Carter Denny, 767-7395. The group meets again at **10:00 am on Saturday, January 22**, in the Art Gallery, please enter at the front door of the Center.

Thanks

Thank you to Joan Horn for donating holiday greeting cards, to Pat Brown for clothing, and to all the donors of cotton fabric for quilting.

Home Assistance Program

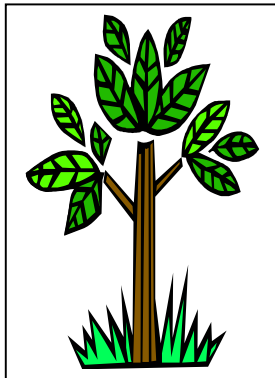
Happy New Year! Let's hope 2011 is a year of health and happiness for all of us. The New Year will bring changes for the Home Assistance Program in that Caroline and I will become employees of the Yellow Springs Senior Center. Since its inception in 1998, the Home Assistance Program has been a service of the Friends Health Care Association. The Friends Care Board started the program 13 years ago with grant funding from local foundations. The program has always been housed at the Senior Center and since 2000 has had additional funding from the Greene County Council on Aging (GCCOA).

As of January 1, the YSSC will assume oversight of the program and will continue to receive financial support from Friends Care Community and the Greene County Council on Aging. We are pleased to continue to provide the same service and support and caregivers and do not anticipate any major changes in the program. We consult with local elders and caregivers on various issues such as home care services, insurance concerns including Medicare and Medicaid, helpful programs for housing repairs and help with heating bills, Advanced Directives, and many others. We are here to help, just give us a call at 767-2751. We have a new email address: ysschap@gmail.com. Best wishes for wonderful 2011! Amy Crawford and Caroline Mullin

In Memoriam

We remember our deceased Yellow Springs Senior Center members, August-December 2010, with fondness and gratitude:

Irwin Abrams 12-15-10
Ruth Bean 8-29-10
Andrew Benning 10-29-10
Joe Brown 9-5-10
Meredith Dallas 11-1-10
Malcolm Gillespie 10-18-10
Ralph Heaton 10-28-10
Jean Huston 9-6-10
John Magee 9-8-10
Helen Nehez 9-21-10
Naida Sutch 8-17-10



UPDATED Weather Related Closing Policy

The Sr. Center will be closed when the local schools are closed due to weather conditions. If the schools are on a break and we have a winter weather event that is classified by the Greene County Sheriff's department as a Level 2 or 3 emergency, we will also close. You can call the Sheriff's office, 562-4800 or check the website: www.co.greene.oh.us/sheriff/SO_Snow_Emergency Levels.asp



Monday and Wednesday luncheons and Friday box lunches will be suspended during these closings. The transportation program will be limited to critical medical trips if the Transportation Coordinator and driver agree that the roads are adequately safe.

School **delays** due to weather conditions **will not** affect the Senior Center schedule.

If you are in doubt about the effect of weather on Senior Center events or a ride that you have scheduled, please call the Senior Center, 767-5751. Please leave a message if we are not immediately available.

Things to Do

Hypnosis for Positive Change

Cindy Mills, registered yoga teacher, Certified Wellness Coach, and Certified Hypnotist from Dayton will present a program, Hypnosis for Positive Change, including a hypnosis session for those who want to jump-start their fitness, wellness and life change efforts in the new year.

The program will be held on **Thursday, January 6, 2011 at 4 pm** in the Art Gallery. Please enter through the front door. For more information call Corinne at the Center, 767-5751.

Lunch Bunch - \$

The fireplace room at Cracker Barrel in Springfield comes highly recommended for a winter day. Their menu of generous home cooking and



interesting specialties is very attractive, as is their modest pricing. We will go on **Friday, January 7, leaving from the Bryan Center parking lot (100 Dayton St.) at 11:15 am.** Nearby the restaurant is a little shopping area with a Big Lots or Odd Lots store, where we can stop on the way home. Please come join this Senior Center monthly tradition of going to an area restaurant for a fun outing. Preferred sign up is by noon on Thursday, January 6, by calling 767-5751.

TOPS Chapter

The formation of our Center's chapter of "Take Off Pounds Sensibly" was a great success in December. We will meet every **Tuesday at 4:00 pm in the Art Gallery.** Please enter through the front door. Call for more information, 767-5751.

Hearing Aid Help

The South Dayton Hearing Aids and Audiology team will **be here on the usual fourth Wednesday, January 26 at 11:00 am.**

Mon. & Wed. Sr. Luncheons January Menu (not available at press time)

Please call the Center, 767-5751, by noon the weekday before, so we can order a meal for you.

Heritage Museum

We will take advantage of the free public transit bus to Springfield again and enjoy Springfield's gem of a historical museum, and maybe a few other things on **Tuesday, January 11.** The museum admission is free, with a suggested donation of \$5.00 for adults. The City Market building, which is the home of the museum, has a really nice, modest-priced sandwich restaurant at the east end, or bring your lunch and a snack and drink for the ride back. The bus leaves Yellow Springs at 10:30 at the back of the Bryan Center (100 Dayton St.), and leaves Springfield at 2:10 pm from the bus park area behind the Springfield Senior Center. Please join us, and see the two new permanent exhibits at the museum: Archaeology of Clark County, and From Clark County to Washington, DC: Service in the Nation's Capital. Preferred sign up is by Monday, January 10, by calling 767-5751.

Membership Committee

The Membership Committee meets on the **second Monday of each month at 10:30 am** in the Gallery room at the Center. All are welcome.

Activities Advisory Committee

The committee will meet in the front room at **11:00 am on Wednesday, January 12,** or give your written suggestions to the committee at the Center, or by email to ysscactive@gmail.com.

Bridge

Duplicate bridge games continue on **Wednesday evenings at 6:30 pm** in the Senior Center Great Room. However, the bridge lesson on Monday evenings is discontinued. For more information call Corinne, 767-5751.

Bid Whist

Would you like to learn a card game that is easy, fun, and good for your brain? Please join the Bid Whist group on **Thursdays at 1:00 pm** in the Great Room.

Friday Box Lunches

We are continuing the **Friday noon Hope Café** catered lunches. You can eat in the Great Room, or take out. In January, we are enlarging to the full menu. The cost for the standard sub or wrap lunch is still \$4.00, payable on ordering from the standard menu, preferably before 1:00 pm on Thursdays. For information on the new menu and prices, please call the Center, 767-5751, or check the bulletin board.

Mah Jongg

A local group who play mah jongg have relocated their game from their homes to the Senior Center Great Room. In January they will teach and play mah jongg on **Saturdays, the 8th, 15th, 22nd, and 29th, from 1:00 pm to 5:00 pm.** Please come join this enthusiastic group and learn a beautiful, engaging game.

Diversity Lecture at UD

The Crisis Facing Youth is the topic of the talk at the University of Dayton to be given by the director of Harlem's Children's Zone, Geoffrey Canada, on **Tuesday, January 18, at 7:00 pm** in the RecPlex. Canada is a famous teacher and

advocate who was part of the current movie about education in American, Waiting for Superman. There is no charge for this program. Please join us and be inspired by Mr. Canada's positive ideas for improving education. We will leave the Bryan Center parking lot (100 Dayton St.) at 5:30 pm. Preferred sign up by Fri, Jan. 7, 767-5751.

January Potluck

The membership potluck lunch attendees on the **third Thursday of January (the 20th)** are having a special treat in the visit of local art appraiser Linda Parsons. Ms. Parsons is going to speak about art evaluation, and then have an Arts Road Show type evaluation of art that attendees bring to the event. Please bring an art object that you would like to have evaluated. Please note that you are responsible for keeping your item(s) safe while at the Center.



For more information, or if you need a ride to the potluck, please call us with a request by Tuesday, January 18, 767-5751.

Aging Issues Meeting

The discussion and activities group will meet on **Saturday, Jan. 22 at 10:00 am** in the gallery of the Center. We will be examining the Language of Ageism. Mary M. Morgan will stimulate our thinking by providing, "A PROMPTED INTERACTIVE INTRODUCTION TO AGEISM". We will think about what words we use to describe ourselves and what words others use in referring to us or in addressing us. How does this affect our attitude about age and aging?

Other activities will continue to be discussed and action plans developed as participants indicate an interest.

The Membership Committee, Board of Trustees



Senior citizens of any age are welcome to attend the monthly 80+ Birthday Luncheon, which specifically honors those who are 80 and older. This month's celebration is on **Friday, Jan. 28**.

Come to the Friends Care Assisted Living main dining room by **11:45**. Lunch will be served at 12 noon. Please sign up at the Senior Center first, 767-5751. Lunch is \$5 per person, except those 80 or over with a birthday this month. They will be guests of the Senior Center and eat free.

Presidential Lecture WSU

Award-winning journalist Charlayne Hunter-Gault will speak at Wright State on **Monday, January 31, at 7:00 pm** in the Apollo Room of the student union building. Her speech is entitled "From Jim Crow America to Apartheid South Africa and Beyond: a Journalist's Journey." There is no charge for this program.

We will gather at the Bryan Center parking lot (100 Dayton St.) at 6:00 pm and take the bus to Wright State. Please come join in the opportunity to hear this well-known black woman journalist tell of her adventures. Preferred sign up is by Thursday January 27, by calling 767-5751.

Odd Fellows Help Seniors

The International Order of the Odd Fellows, which in Yellow Springs includes Odd Women, has a tradition of assisting seniors and the Senior Center which is greatly appreciated. The local group was established in 1855; that's right, a hundred and fifty-five years ago. The Odd Fellows' contributions to seniors go beyond the monetary, though their financial contribution to the Center is very substantial. They have a snow shoveling team who clear the way for people who are identified through the Home Assistance Program at the Center. And the Household Task Volunteers is mainly manned (and womened) by Odd Fellows. The whole Odd Fellows organization deserves a hearty round of applause and thanks, especially now. Thank you.

Looking Ahead

Reading Aids Program

The library recently had a sampling of reader aids and book storage and display devices. We plan to have one at the Senior Center, too, where people can have hands-on trial experiences with these devices. If you have one you would like to demonstrate and let others try, please call Corinne at the Center, 767-5751.

January Birthdays

* Indicates those we know are 80 or older.



Happy Birthday to:

01/01 Jean Nealon
 01/01* Betty Hairston
 01/08* Seymour Wexler
 01/10 Paul Beck
 01/13 Barbara Heckart
 01/14* Orlando Brown
 01/18 Griffin M. Johnson
 01/18* George Asakawa
 01/18* David Fleming
 01/18* Pearl Stanley
 01/19 Dan Beverly
 01/20 David Erskine
 01/20 Deidre Lucas
 01/22 Barbarajene Williams
 01/22* James Johnson
 01/23 Pamela Ford
 01/24* Meribel Blanchard
 01/25 Evelyn Britton
 01/26 Judy Andrews
 01/27 Mary Frost-Pierson
 01/27 Marianne MacQueen
 01/28 Patty Alexander
 01/28 Judy Rose
 01/28 Maki Sprague
 01/28* Doris Blake

(We apologize to anyone we may have left out of the Birthday List. We only include members who are current in their dues payment and have given us their birth date.)

Membership dues are now payable in January for every member: \$15/single, \$25/household, \$100/business (See "Annual Meeting Report," p. 2, para. 2)

YSSC Phone: 767-5751

Drop us a line: YS Senior Center email: ysscoffice@woh.rr.com

Newsletter Deadline

The newsletter comes out by the first of the month. Copy deadline is the 15th of the prior month. When bringing something in for Senior Notes add your name, phone number, and limit your submissions to 350 words or fewer. Place them in the accordion folder next to the mailboxes in the front room or email them to Lin at ysscoffice@woh.rr.com being sure to list the email subject as "Sr. Notes article."

Newsletter Production: David Fleming, Nancy Lewkowicz, Marian Miller, Joyce Goodson, Andreé Bognár, Meribel Blanchard, Martie Jensen, Corinne Pelzl, Barbara Mann, Lin Wood and David Scott. Technical support provided by Rose Pelzl.

Yellow Springs Senior Citizens, Inc.

Established 1959

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*Program supported by the Greene County Council on Aging, Friends Care Community, and the Yellow Springs Senior Center.